

SAMPLE OF GRANOLA BARS & COOKIES THAT MEET THE SNP NUTRITION GUIDELINES

Grain Requirements: first ingredient must be whole grain, 8g of sugar or less per 30g serving, low in sodium if possible (140mg or less), do not contain candy/chocolate pieces

Note: Please review ingredient lists and allergens prior to serving to ensure peanut/nut free each time you purchase any product as allergen information may change.



Quaker Chewy SuperGrains Oats & Honey
1st ingredient: Granola (Oats)
Sugar: 3g sugar/bar



Quaker Chewy SuperGrains Strawberries & Yogurt
1st ingredient: Granola (Oats)
Sugar: 4g sugar/bar



Quaker Chewy Apple Fruit Crumble
1st ingredient: Granola (Oats)
Sugar: 5g sugar/bar



Quaker Chewy Peach Crumble
1st ingredient: Granola (Oats)
Sugar: 5g sugar/bar



Quaker Chewy Raspberry Fruit Crumble
1st ingredient: Granola (Oats)
Sugar: 5g sugar/bar



Nature Valley Lunch Box Very Berry
1st ingredient: Whole Grain Rolled Oats
Sugar: 6g sugar/bar



Compliments Chewy Apple Bar
1st ingredient: Granola (Oats)
Sugar: 6g sugar/bar



Quaker Chewy Berry Blend
1st ingredient: Whole Grain Granola
Sugar: 4g sugar/bar



Made Good Strawberry Bar (Gluten Free)
1st ingredient: Oats
Sugar: 6g sugar/bar

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**Made Good Mixed Berry Bar –
(Gluten Free)**
1st ingredient: Oats
Sugar: 6g sugar/bar



**Kashi 7 Grain & Quinoa Bar –
Honey Oat Flax**
1st ingredient: Whole Grain Oats
Sugar: 4.5g sugar/bar



**Nature Valley Mini Granola
Crunchy Bars – Oat & Honey**
1st ingredient: Whole Grain Rolled
Oats
Sugar: 14g sugar/ 54g serving



**My 1st Bear Paws Crunchy Cookies
Oatmeal**
1st ingredient: Whole Grains
Sugar: 5g sugar/ 25g serving



**My 1st Bear Paws Crunchy Cookies
Vanilla**
1st ingredient: Whole Grains
Sugar: 5g sugar/ 25g serving



Shasha Spelt Ginger Snap Cookies
1st ingredient: Whole Spelt Flour
Sugar: 8g sugar/ 30g serving



Shasha Spelt Lemon Snap Cookies
1st ingredient: Whole Spelt Flour
Sugar: 8g sugar/ 30g serving



**Made Good Strawberry Granola
Bites (Gluten Free)**
1st ingredient: Oats
Sugar: 6g sugar/ 24g serving



**Made Good Apple Cinnamon
Granola Bites (Gluten Free)**
1st ingredient: Oats
Sugar: 6g sugar/ 24g serving

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**Dare Simple Pleasures Cookie -
Digestive**

1st ingredient: Whole Grain Whole
Wheat Flour
Sugar: 5g sugar/ 27g serving



**Dare Simple Pleasures Cookie -
Oatmeal**

1st ingredient: Rolled Oats
Sugar: 8g sugar/ 31g serving



**Belvita Breakfast Cookie – Oatmeal
Crunch**

1st ingredient: Whole Grain Blend
Sugar: 11g sugar/ 50g serving