

OSNP SW'S GREAT BIG CRUNCH IS THURSDAY, OCTOBER 21ST, 2021



What is it?

OSNP SW's Great Big Crunch is a special day, class, assembly, lunch hour or 5 minutes dedicated to locally grown apples and ending with a synchronized "crunch" to celebrate!

This fun initiative gets students, educators, parents and politicians to think about the impact food has on our children while making a whole lot of noise!

When, Where & Who?

You pick the time that is most convenient for you on Thursday, October 21st! Anyone can participate, from students, teachers and individuals in classrooms, gymnasiums, recreational facilities, to homes, workplaces and communities across Ontario and beyond! Don't forget to share details about your event on social media and tag @OSNPSouthwest.

Why participate?

When you crunch, you'll be teaching your students about the nutritious and delicious benefits of apples and local food, while taking part with other students from across Southwestern Ontario. Whether your class or school participates in a day's worth of activities, an afternoon or just one big crunch, we hope your students get excited about local food and healthy eating.

How to take the Great Big Crunch

🍏 Check out the activities and resources at <https://osnp.ca/programs/the-great-big-crunch/> and gather the required materials for your Great Big Crunch activities.

🍏 Like us on Facebook and follow us on Instagram and Twitter @OSNPSouthwest.

🍏 Share your crunch pictures and stories and use #GreatBigCrunch and #osnpsw to let us know you are crunching!

